Spring Newsletter – March 2024

**Pharmacy First**

Have you heard of the new scheme run by Pharmacies?

**Pharmacy First.**

All patients who meet the criteria will be triaged to attend a local pharmacy, where a pharmacist can see and treat you without contacting the practice. If you have any of the following symptoms you can attend a pharmacy without contacting us, however for those who are not aware and do contact us you will be triaged and advised to contact a Pharmacy for Treatment.

**Urinary Tract Infection** – Women aged 16-64, not pregnant/breastfeeding or recurrent or for those with a Catheter

**Shingles** – 18 years and over, not pregnant or breastfeeding

**Impetigo** – 1 year and over, not pregnant or breastfeeding

**Insect Bites** - 1 year and over, not pregnant

**Sore Throat** – 5 years and over, not pregnant

**Sinusitis** – 12 years and over, not pregnant

**Earache** – Aged 1 – 17, not pregnant or reoccurring

**Chest Clinic**

The Chest Clinic at Out of Hours has been running since Christmas so if you’ve been unfortunate to have Chest Symptoms within this time you will have probably been before. The service is positive and see’s all our patients with Chest problems prescribing where necessary allowing us to free up more appointments for problems that cannot be resolved elsewhere.

The clinic is held at Cavendish Court, and you will be seen by a clinician who can review and prescribe.

**Our Appointments**

We still have quite a number of people who call at 8am to book appointments but hopefully you will all be aware now as we approach almost a year of pre-booking appointments.

We open our appointment book 10 working days ahead and all available slots within this timescale will be offered. We do still hold a number of urgent appointments for same day bookings for problems that need to be seen sooner.